

Give a man a fish,
and you feed him
for a day. Teach a
man to fish, and
you feed him for a
lifetime.

~ Chinese proverb



How Long Does Educational Therapy Take?

Educational therapy is not a quick fix. Our goal is to enable students to become life-long learners, rather than simply helping them pass a course. Collaboration with parents and schools will help students develop and use effective learning strategies faster.

After school and flexible hours can be arranged.

For more information or to complete an intake, please go to our website:

www.montrealfluency.com

call 514-489-4320 ext. 221

or email us at

info.montrealfluency@gmail.com

You can also contact Diana
Tremblay,

Coordinator SAIL Program at:

diana.tremblay@montrealfluency.com



EDUCATIONAL THERAPY PROGRAM



SAIL

towards

Success and Independent Learning

What is Educational Therapy?

Educational therapy is personalized remedial instruction that helps students know their strengths and weaknesses and acquire effective strategies for learning. We all learn differently, but individuals who have a learning disorder, attention problem, or mild autism often require specialized support.

Our professionals offer a combined education and therapeutic approach for evaluation, remediation, case management and advocacy. The educational therapy service includes individually tailored learning profile, intervention plan and learning goals. The learning coach will model and teach cognitive learning strategies, help students break down tasks and scaffold learning until students can use this systematic approach independently. Self-awareness and task monitoring is developed through the use of schoolwork and reflection on learning experiences.

What is Our Primary Goal?

Fostering independent learners who, with time, will advocate for themselves as their academic confidence grows. The focus is on teaching students how to learn and recognizing the skills, behavior and emotional control required for optimal performance.

How SAIL Can Help?

SAIL provides a safe, supportive environment for children and young adults who, despite average to superior intelligence, are experiencing academic difficulty.

Progress is monitored through the use of a personalized intervention plan that is based on the student's learning profile. The aim of this plan is to identify and strengthen underlying causes of learning difficulties. An annual progress report is provided by the learning coach at the end of each academic year.

Our coaches demonstrate learning strategies and methods that are research-based and known to be especially effective for students who have learning difficulties. Learning in context is achieved by using school materials and assignments, which enhance transfer of new skills.

What are Learning Strategies?

- effective and efficient approaches to learning
- focus on HOW rather than what
- provide a structured learning environment
- systematic steps
- transferrable to classroom learning and assignments
- essential to some but good for ALL

How is SAIL Different?

Our approach goes beyond what traditional tutoring can provide as it improves thinking skills and teaches students "how to learn", rather than simply treating the symptoms. SAIL staff are not tutors – they are learning coaches who focus on the process of learning as well as academics. All learning coaches have training in special education and receive supervision and ongoing professional development.

Areas Addressed by Educational

ACADEMICS	NON-ACADEMIC
<ul style="list-style-type: none">- reading, writing math, spelling- study skills- critical thinking Skills	<ul style="list-style-type: none">- organization- problem solving- attention- awareness of strengths & challenges- self-esteem- self-advocacy- motivation
SOCIO-EMOTIONAL	
<ul style="list-style-type: none">- relationship between emotions, behavior & learning- providing a safe place to express feelings that affect learning	